

## What will the pharmacist ask?

The pharmacist will ask you about your symptoms to work out what is wrong and what treatment is suitable for you. The information you give to the pharmacist will be confidential. Most pharmacies have a consulting room so that the pharmacist can talk to patients in private.

The pharmacist will tell you if you need to see a doctor.

## Can I go to any pharmacy?

Most pharmacies in Southwark offer the Pharmacy First scheme. Look out for posters in the pharmacy, ask your GP's reception staff or look on:



[www.selondonics.org/in-your-area/southwark-pharmacy-first-scheme](http://www.selondonics.org/in-your-area/southwark-pharmacy-first-scheme)

The pharmacist will see you without an appointment but remember to take evidence that you don't need to pay for prescriptions with you.



## Did you know?

If you don't pay for your prescriptions, you can get **SOME** medicines free from your local pharmacy without needing to visit your GP



PHARMACY FIRST   
Pharmacy First common illness scheme

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## What is the Pharmacy First scheme?



Pharmacists are highly trained experts in medicines. The Pharmacy First scheme gives you quick and local access to advice and treatment from the pharmacist at your local pharmacy about common illnesses. You don't need to wait to see your doctor and you don't need an appointment.

If you don't pay for your prescriptions, you can get SOME medicines free from your local pharmacy without needing to visit your GP.

## What treatments are available on the scheme?

The Pharmacy First scheme covers advice and treatment for the conditions below:

- Athlete's foot
- Cold sores
- Conjunctivitis
- Constipation
- Coughs and colds
- Diarrhoea
- Dry eyes
- Earwax
- Fever
- Hay fever
- Headache
- Head lice
- Indigestion
- Insect bites and stings
- Itching due to chickenpox
- Minor burns and scalds
- Mouth ulcers
- Nappy rash
- Piles
- Skin allergies or contact dermatitis
- Sore throat
- Sprains and strains
- Teething
- Threadworm
- Vaginal thrush

## Who can use this service?

Everyone can get free advice from any pharmacist but to be able to get the free medicines you must be:

- ✓ Registered with a Southwark GP
- ✓ Entitled to free prescriptions

If you normally pay for your prescriptions you can still get free advice from any pharmacy, however, you will be charged the retail price of any medicines provided.

### What if I'm not registered with a GP?

To register with a GP, visit:  
[www.nhs.uk/nhs-services/gps/](http://www.nhs.uk/nhs-services/gps/)

You can also:

- check the GP surgery website to see if you can register online
- call or email the GP surgery and ask to be registered as a patient.



If you need help finding your nearest GP surgery, visit [www.nhs.uk/service-search/find-a-gp](http://www.nhs.uk/service-search/find-a-gp)